



# Community Navigators Warmline

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——— *Red Latina de Salud y Educación* ———  
The Latino Network for Health and Education

# CBPR Principles

**systems development**

**community unit of identity**

**embodies “cultural humility”**

**strengths and resources**

**collaborative, equitable partnership**

**co-learning and capacity building**

**cyclical and iterative process**

**knowledge generation and mutual benefit**

**local relevance**

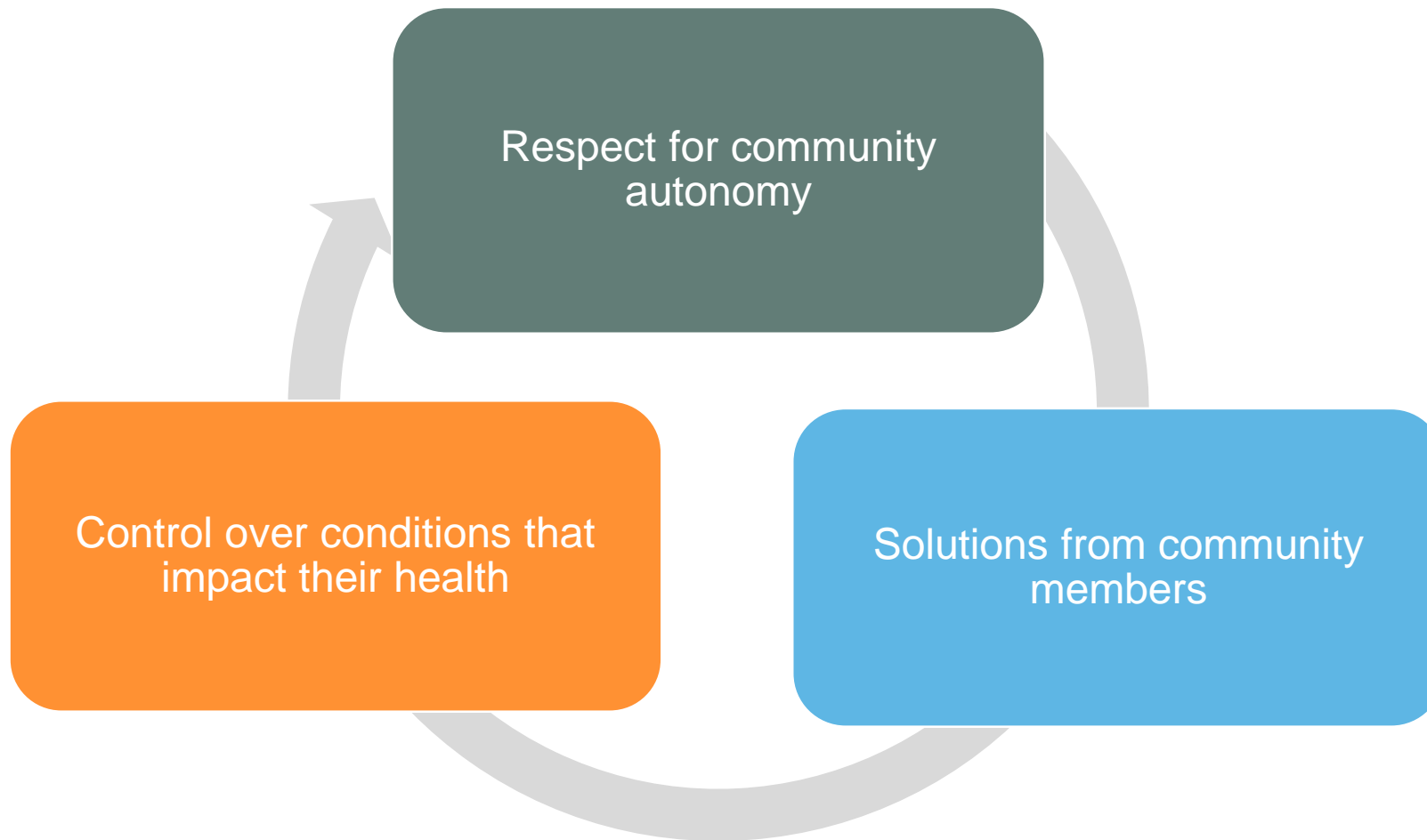
**disseminates results to all partners**

**broaden the bandwidth of validity**

**commitment to sustainability**

(Israel et al., 1998 and 2005; Minkler and Wallerstein, 2008 as cited by Minkler, Garcia, Rubin, Wallerstein, 2012, 12)

# Community-based Participatory Research (CBPR)



Montoya & Kent, 2011

Vision: A society where each parent has the **tools and the power** to raise healthy and happy children, **direct** the creation of community resources, and be **valued as the experts** in health, education and well-being of their families.





# Adelante Community Champions



Public Health Champs | Adelante Jeffco



Jefferson County Public Health

 **Subscribe** 178

215 views

<https://www.youtube.com/watch?v=P6bsSgfoKZo&t=43s>

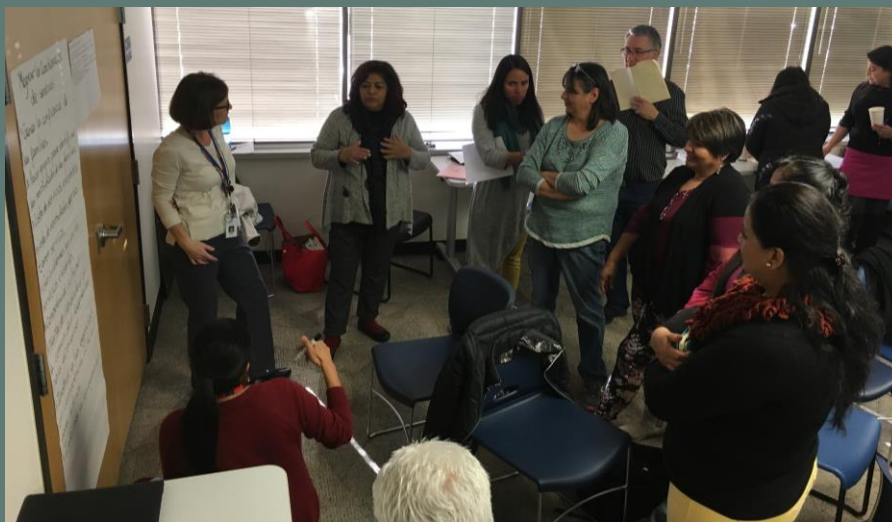
  
Adelante  
JEFFCO  
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# El “Efecto Adelante”.

- Spread the word - an effective network can become a movement
- Cultural humility is the only way – respect and recognition of values and principles
- Listen leaders and you will get allies















GRUPO DE APOYO PRESENTA

# REUNIÓN VIRTUAL

MIÉRCOLES A LAS 4 DE LA TARDE EN ZOOM



Grupo de Apoyo para Padres  
**JEFFCO**  
comprometidos  
en mejorar la vida de nuestros hijos

**INFORMACIÓN CON EXPERTOS Y APOYO PADRE A PADRE**  
[HTTPS://ZOOM.US/J/347403573](https://zoom.us/j/347403573)




*Conexión Prenatal*



BEBÉS, MAMÁS, PAPÁS, ABUELOS, FAMILIAS, TODOS INVITADOS!

## Hora de Bebés! Todos los Viernes a las 9AM!

EMBARAZO, PARTO, POSTPARTO y ALIMENTACIÓN INFANTIL  
<https://zoom.us/j/406119003>  
ZOOM ID:406119003



## Adelante está contigo

TODOS LOS DÍAS A LA 1PM EN ZOOM

Información y actualizaciones acerca  
de COVID19

INVITADOS ESPECIALES

APOYO EMOCIONAL

INICIATIVAS COMUNITARIAS

ZOOM ID:406119003

**(720)507-7079**

# Navegadores Comunitarios

**Enlace y conexión con  
organizaciones y agencias que  
ofrecen apoyos y recursos**

**LINEA EN ESPAÑOL  
GRATUITA  
CONFIDENCIAL**

Para contactarnos, llame al  
(720) 507-7079 y deje su mensaje  
con su nombre, número de teléfono,  
ciudad o código postal, y la razón por  
la que llama.

Un navegador o navegadora le  
llamará de regreso lo antes posible.

La Asociación de Vecinos del Parque Athmar Park está apoyando la Línea de Navegadores Comunitarios para que sus vecinos en Denver Suroeste tengan el apoyo que necesitan



## FONDO DE ALIVIO PARA TRABAJADORES

SI CUMPLES CON ESTOS  
REQUISITOS LLAMA A LA LINEA DE  
NAVEGADORES COMUNITARIOS



- **NO ES ELEGIBLE PARA RECIBIR DESEMPLEO**
- **NO ES ELEGIBLE PARA RECIBIR EL CHEQUE FEDERAL DE ESTIMULO**
- **TIENE UNA IDENTIFICACIÓN VÁLIDA (DE USA O SU PAIS)**
- **VIVE EN UN DOMICILIO QUE NO HA RECIBIDO 3 FONDOS DE APOYO ECONOMICO**
- **TRABAJÓ EN FEBRERO DEL 2020 POR LO MENOS 20 HORAS A LA SEMANA**
- **PERDIÓ SU EMPLEO DESPUES DE FEBRERO O SU EMPLEO SE REDUJO 20 HORAS O MÁS.**

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# Goals of the Community Navigators

1. Research and provide information about available resources to community members independently of immigration status and based on their specific needs.
2. Build up the capacity and confidence of community members to research and seek resources on their own.
3. Identify and anticipate community needs to work effectively in connecting people to services.
4. Support individuals and families in making informed decisions for their own health and the health of their community.



# Intention, reach and results

1. **Hyperlocal response to a global pandemic.**
2. We seek feedback and do follow-up – trusting relationship.
3. We offer intentional trainings and mental health support to navigators.
  - Reduce compassion fatigue and burnout.
  - Build up their skills as community navigators.
4. Over 1,500 calls from the Denver Metro Area in the first 2 months, less than 100 from other counties.
  - Rent, food, utilities, mental health, roles of caregivers, and health needs.
5. Over 2,000 in the last week due to Left-behind Workers Fund.
6. 20 - 30 navigators, rotating and representing local communities. 2 coordinators.

*But let's talk about the ways we*  
***thrive and redefine***  
*resilience not as survival of trauma but as*  
***creativity and drawing strength***  
*from our redemption narratives and from each other.*

Ana Delgado

Questions?

# Contact Info

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