May 13, 2020 Dr. Sarah Davidon

#### Landscape and Legislation in Behavioral Health





### Objectives

- Colorado data and rankings for behavioral health
- Policies in place
- Legislative and budget forecast

#### Data and Rankings

Colorado ranks 29<sup>th</sup> in the nation overall



Mental Health America, 2020

### Data and Rankings

Adult	Youth
33 <sup>rd</sup>	34 <sup>th</sup>

Mental Health America, 2020

#### Data and Rankings

Colorado has 838,000 adults with mental illness

Which is 19.9% of the adult population



Mental Health America, 2020

#### Data and Rankings\*

During "ordinary" times...

More than 15% of Coloradans report poor mental health

Over 13% of Coloradans don't get mental health care when they need it More than 1,000,000 Colorado adults say that they, a loved one, or a close

friend has been addicted to drugs or alcohol

Yet **95,000** said they went without needed treatment

Colorado Health Institute, Colorado Health Access Survey, 2019

#### The intersection of current circumstances and mental health



Colorado Economic and Fiscal Outlook, Office of the Governor. May 2020





Illustration only (Colorado Legislative Council Staff, Economic & Revenue Forecast Update, May 2020)



# Possible areas of funds reduction related to behavioral health

- Medicaid assisted treatment in jails
- Special Connections high risk pregnant and postpartum women program
- Substance use in rural areas
- Behavioral health professionals in schools (SB19-010)
- K-5 Social and Emotional Health Pilot Program (HB19-1017)
- Early childhood mental health specialist program enhancement (HB20-1006)
- Home Visiting for School Readiness

#### What's still in place?

- HB19-1287 Treatment for Opioids and Substance Use Disorders
- Ombudsman office (HB 18-1357)
- Mental health parity (HB 19-1269)
- Safe-2-Tell bill (HB 20-1005)
- Teacher recertification containing behavioral health content (HB20-1312)



- Legislature returns May 26
- Behavioral Health Task Force
- Analyze lessons learned

## Contact

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